

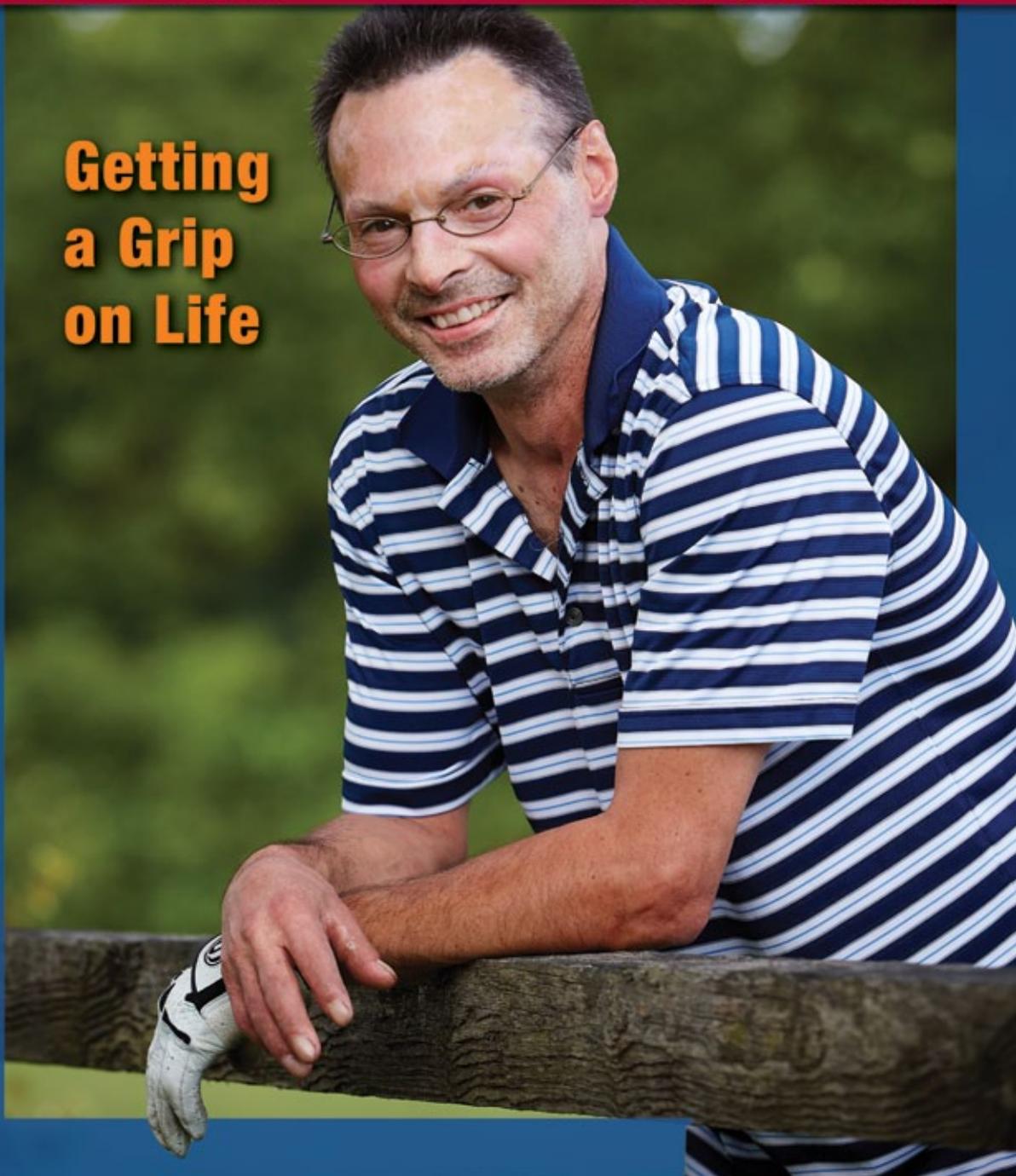


SweetCharity

Fall 2015 Volume 108, Issue 3

A Good Shepherd Publication

Getting a Grip on Life



“Do Unto Others” is Alive and Well

Dear Friends,

At Good Shepherd we see every day how life can be lived with compassion. Quietly, without fanfare and through their actions, staff, volunteers, residents, and our donors set an example for us all. They rekindle hope through their acts of kindness and demonstrate how the Biblical commandment, “do unto others,” has not been lost.

This issue of *Sweet Charity* features two different kinds of donors who exemplify that commandment. Both have made tangible differences in the lives of those we serve. Christian Dzema is a teen who held a toy drive at his school and gave dozens of toys to the Good Shepherd Rehabilitation Hospital Pediatric Unit. I think you’ll really be inspired by his story and reasons for giving back.

We are also very fortunate to have Dick and Sue Storat as members of our donor family. A generous gift from them made it possible for our pediatric unit to add the NTrainer® to our array of tools. This technology is doing wonders for infants who come to us with feeding problems and it’s another example of the power of giving to change lives for the better.

Some of you can give only a few dollars. Others are able to give many thousands of dollars. And there are those who give of your time and those who give in-kind gifts. I hope you know that however or whatever you give, you’re helping children and adults with disabilities achieve lives of greater independence. As you “do unto others,” may you be equally blessed.

Sincerely,



John Kristel, MBA, MPT
President & CEO





Getting a Grip on Life

After suffering burns over 22% of his body when a gas heater exploded at work, Hamburg resident Bob Geisinger fought through his pain with the help of Good Shepherd's therapists to get back to work and back to life.

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Cover photograph: Randy Monceaux



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Our Mission

Motivated by the divine Good Shepherd and the physical and cognitive rehabilitation needs of our communities, our mission is to enhance lives, maximize function, inspire hope, and promote dignity and well-being with expertise and compassion.

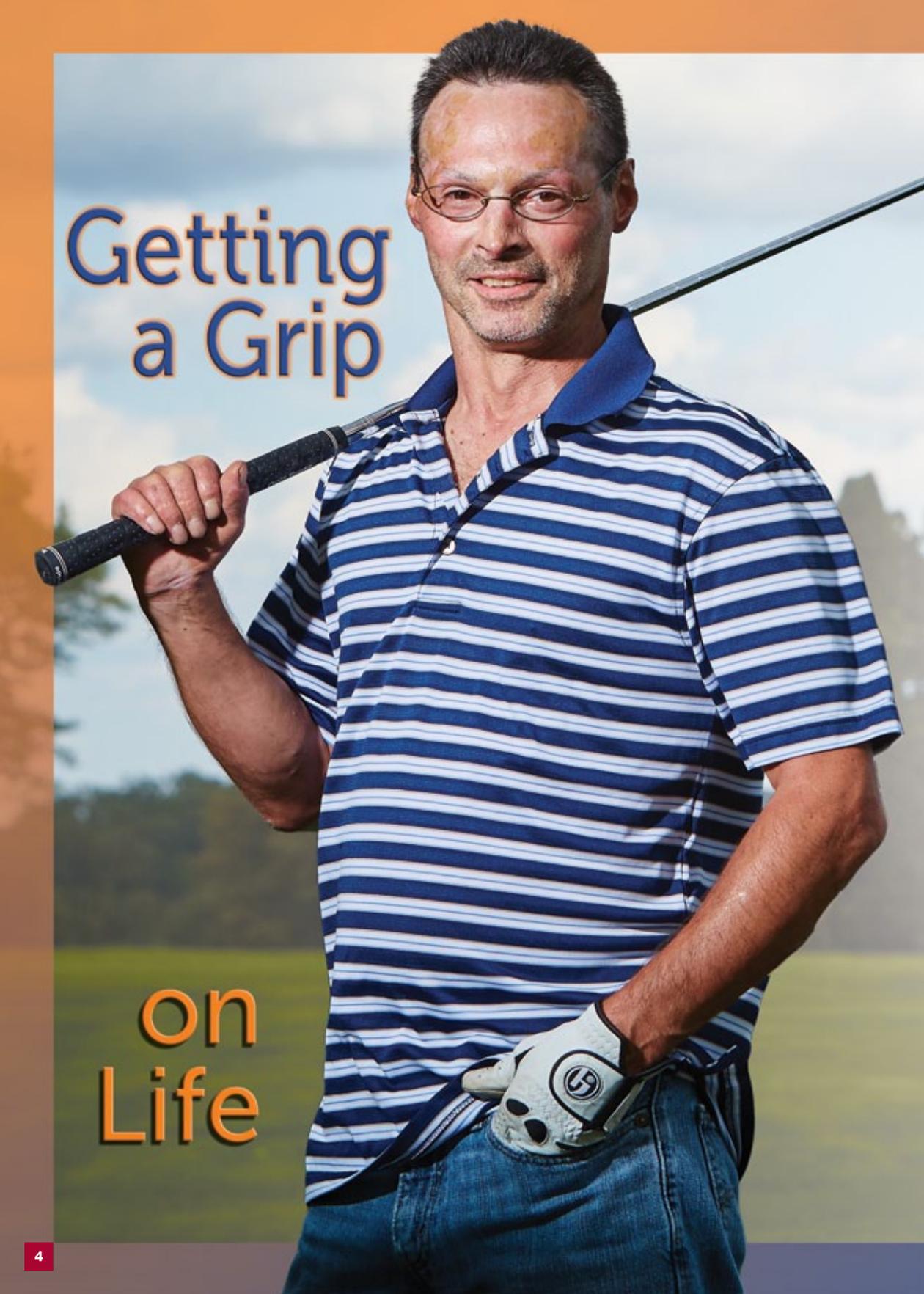


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A man with short dark hair and glasses is smiling at the camera. He is wearing a blue and white horizontally striped polo shirt and blue jeans. He is holding a golf club over his right shoulder with his right hand. His left hand is in his pocket, wearing a white golf glove with a logo. The background is a blurred golf course under a blue sky with light clouds. The text 'Getting a Grip' is in the top left, and 'on Life' is in the bottom left.

Getting a Grip

on
Life



Bob Geisinger was on fire. His face. His hands. His upper body. Flames were searing his skin, blinding him as he frantically looked for a way out of the building where he worked. He burst through the door and threw himself into an icy snowdrift to quench the flames, pulled himself to his feet and still on fire, plunged into another snowdrift.

Bob stumbled about 150 feet to the road, desperately trying to flag down a motorist, any motorist, for help. Several passed him by before someone stopped.

It was December 21, 2013, and the then 47-year-old from Hamburg was working as a maintenance mechanic, doing a job he loved. He was alone in the building when a gas heater blew up in his face.

Bob was flown by MedEvac helicopter to the burn unit at Lehigh Valley Hospital. Incredibly, Bob had something else on his mind as he was loaded onto the chopper for the first flight of his life. "I was afraid of flying," he says. "I remember being very cold because they cut all my clothes off me. After we landed, I can't remember anything. They put me on morphine and I woke up six weeks later from a medically-induced coma."

Bob suffered third-degree burns over 22 percent of his body with some of the most significant damage to his face and hands. His face and hands were most seriously affected. He also had difficulty eating. "My lungs kept filling up with fluid," he says.

When he finally was stable, Bob was transferred to Good Shepherd Rehabilitation Hospital in Allentown. Here, his "deal with



Bob is now back on the golf course with his good friend Carl Wolf.

it and move on" attitude helped him get through grueling physical and occupational therapy, as well as speech therapy to help him swallow.

Bob pushed through it and in two weeks was released. Unable to do things for himself because of the extent of injuries to his hands, Bob stayed at the home of good friends Eric and Kim Honsberger for almost four months while he began the hard work of outpatient therapy with the team at Good Shepherd Physical Therapy-Hamburg.

His goal was the same it had always been since the accident, to get back to life and back to work. Bob's biggest obstacle would be his pain. "Right from the beginning we had a very candid conversation that this was going to be very painful, that there was no way around it," says April Walker, occupational

therapist at the Hamburg outpatient site near Bob's home. "I wasn't going to sugarcoat it. He was going to have to muscle through the pain."

Bob's therapists combined tough love and compassionate expertise as they focused on helping him regain the use of his hands if he was to return to his job as a mechanic.

Bob's case proved to be particularly challenging because it involved all the joints in both hands. "We don't often see that," says April. "We worked on range of motion, strength, fine motor skills, and overall function of his hands. We did a lot of stretching and moved the joints manually through their planes of motion. We also used warm paraffin wax to help with flexibility."

They also incorporated some technology into his therapy with a TENS (Transcutaneous Electrical Nerve Stimulation) machine that sends stimulating pulses across the surface of the skin and along the nerve strands. TENS devices also help stimulate the body to

produce higher levels of its own natural painkillers known as endorphins.

"This became an important pain-management tool for us allowing Bob to progress more quickly," says April.

For three days a week, a minimum of an hour and a half each time, Bob dutifully stuck with his occupational therapy as well as physical therapy. Bob knew if he was to achieve his goals, he was going to have to keep a positive attitude. "I thought my spirits were very good," he says. "I was still clowning around and my goal was to always do better."

Once again, Bob quickly advanced to the next level of therapy and after two weeks, in December 2014, he began the Work Hardening Program at Good Shepherd CedarPointe. This unique rehabilitation program creates real-life work situations for people like Bob. Through aerobic conditioning, strength training, job simulation, body mechanics training, and stretching, Good Shepherd's clinical team customized a



program for Bob that would prepare him to return to work.

Among the tasks he did was pulling and pushing a skid with ever-increasing amounts of weight and lift and position 5-pound steel bars on a metal frame which required squatting and lifting to help build Bob's strength overall.

Bob also used a BTE Simulator II to help strengthen his grip. This advanced piece of technology automatically recorded and tracked Bob's progress in real time with onscreen visual feedback that allowed certified occupational therapy assistant, Kathy Berner, to make immediate adjustments.

"Bob has to use hand tools for his job as a mechanic and he has a hard time getting a good grip with his left hand in particular," says Kathy. "With the BTE, we were able to apply varied levels of resistance and work on endurance with repetitive squeezing, pushing, pulling, and turning to improve hand strength."

Bob spent four months in the Work Hardening Program. During that time he returned to light duty at work, putting in six hours a week. He also continued hand therapy with his therapists at Hamburg and has had to tough it out through multiple surgeries on his hands and skin grafts and laser surgery on his face. Finally, in February 2015, Bob did what he set out to do and returned to work full time.

"He is a miracle man and has such a positive attitude," says April, his hand therapist at Hamburg who is one of Bob's most enthusiastic supporters. "He's just amazing."

"I feel wonderful," says Bob. "I think a little more about life now and what it means to me. I know there are people who are a lot worse off. Every day's a good day. I arrive at work with a smile and I leave with a smile."

From high tech to high touch, Bob's therapists Kathy Berner (below center) and April Walker have helped get him back to work.



Finding the POETRY WITHIN

When Ed Miller was an English literature major at Carroll College in Helena, Montana, he was introduced to the poetry of Walt Whitman. The book was Whitman's seminal work, *The Leaves of Grass* and someone told Ed, "It will change your life."

For the young student who loved writing poetry and dreamed of being a poet, it was a meeting of kindred souls. Ed, who grew up in California and later moved to Montana, was athletic and loved rock climbing,

hiking in the mountains, pole vaulting, and track and field.

"He was very outdoorsy," says Ed's wife, Jennifer Dutko Miller. "He did everything you could do outside."

So it was only natural that Whitman's lyrical ability to link nature to the inner life should resonate with Ed.

Change did come to Ed, but in the form of multiple sclerosis (MS). It was 1999. Ed was almost 23 years old and in his senior year at college.

"I suddenly went blind in my left eye," says Ed. "The doctors thought it was stress because it happened during finals."

Ed's vision returned but his father took him to a specialist who found a lesion on Ed's brain, a hallmark of MS. Like so many things in his life, Ed took the news in stride and fought back the only way he knew how: with spirit, humor and determination not to become a victim.

Ed graduated from college and with his MS under control remained active. He held various jobs; as a car salesman, working for Pizza Hut and as a server and bartender at the Montana Club Restaurant in Helena, Montana.

Some years later, Ed moved to Delaware to be with his mother. He got a job as a cashier/customer service representative



Ed Miller with his wife Jennifer and their son Nathaniel at the 2014 Raker resident ball where Ed was crowned king.



at the local Home Depot before leaving to work for MBNA, a credit card bank. There he met Jennifer. Both were customer service advocates but it took a mutual friend to bring them together.

“A friend came up to me and asked me what I thought about dating Ed,” says Jennifer. “He had long hair, Ringo Starr glasses and walked with a cane, and I liked him.”

In June 2003, the two began dating. It took about three months for Jennifer and Ed to realize they were in love. “He was cute,” says Jennifer. “My mom says he looks a little like Keanu Reeves.”

Ed’s MS began to get progressively worse, but Jennifer knew he was the guy for her. “He wasn’t very mobile and he was still living at home and needed a wheelchair to get around, but he’s a good person with a good heart and no matter what, he’s always smiling.”

Realizing that Jennifer would need help with Ed the two of them moved from Lewes, Delaware to Easton, Pa., to be closer to Jennifer’s family. They married on New Year’s Eve, 2011 but three months later, Ed was hospitalized then moved to a nursing home. By then, the couple had a son, Nathaniel, now 8, who is the joy of their lives.

Ed was still a young man though, and the nursing home with its older population was not the best place for him. When Jennifer learned about Good Shepherd from her mother, she and Ed visited the Good Shepherd Home Raker Center where they found a loving, vibrant environment better suited to Ed.

In October 2013, Ed was admitted to Good Shepherd where he has become a favorite among staff and residents. He makes the most of every day by going to the movies, attending special events and community outings, and spending time outdoors every chance he gets.

Ed may no longer hike his beloved mountain trails, but he continues to navigate life’s rocky pathways in the spirit of his favorite poet Walt Whitman who once wrote, “Keep your face always toward the sunshine and shadows will fall behind you.”

“A blade of grass is the journeywork of the stars”

— Walt Whitman, *Leaves of Grass*



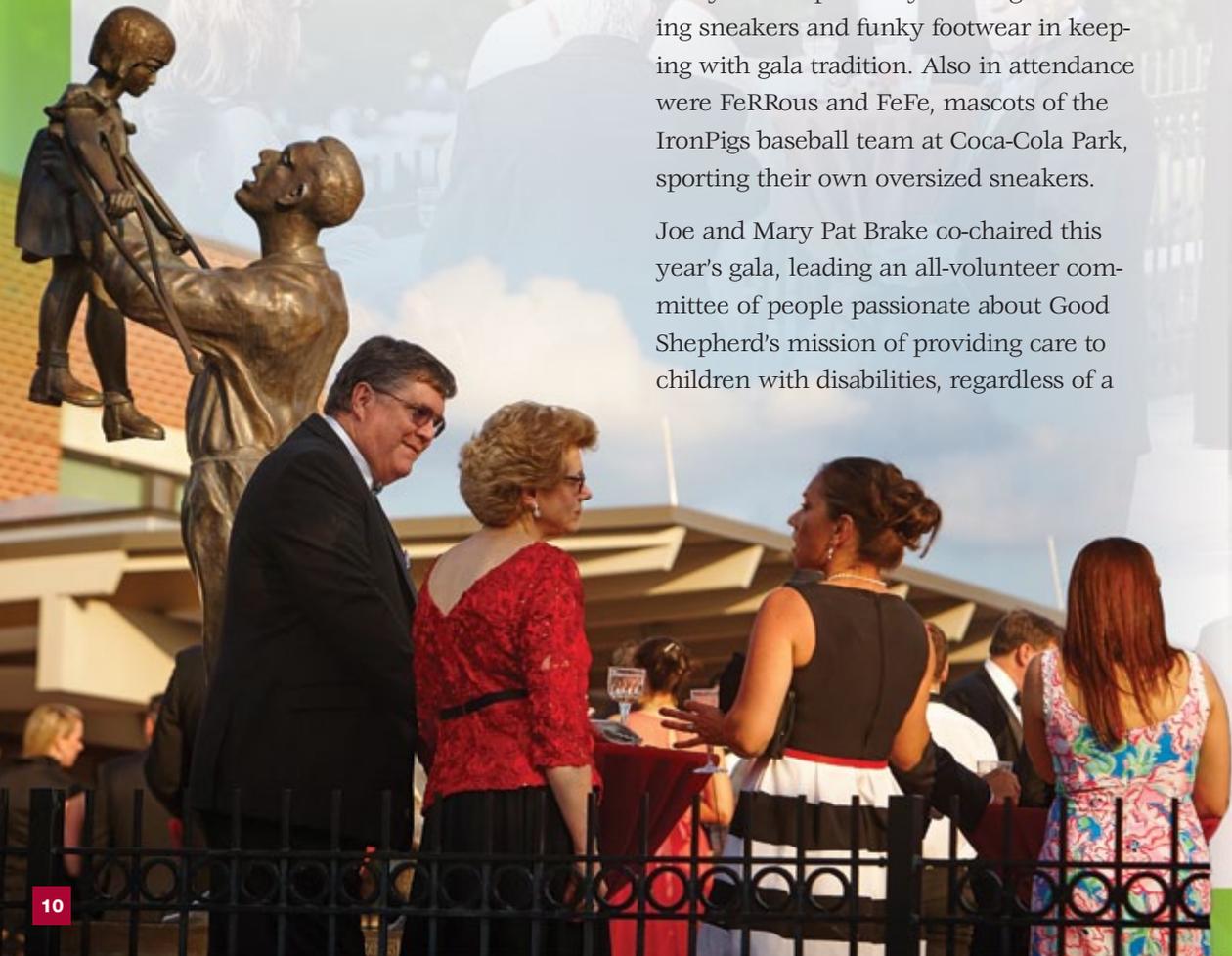
Mary Beth Golab and David Yanoshik



Gala in the Garden 2015

Good Shepherd held its most successful Gala in the Garden on Saturday, May 30, bringing in \$302,000 to support the Good Shepherd Rehabilitation Hospital Pediatric Unit in Bethlehem. Held on Good Shepherd's south Allentown campus, the event combined elegance and fun with many of the splendidly-attired guests wearing sneakers and funky footwear in keeping with gala tradition. Also in attendance were FeRRous and FeFe, mascots of the IronPigs baseball team at Coca-Cola Park, sporting their own oversized sneakers.

Joe and Mary Pat Brake co-chaired this year's gala, leading an all-volunteer committee of people passionate about Good Shepherd's mission of providing care to children with disabilities, regardless of a



family's ability to pay. Joe is the president and general manager at Coca-Cola Bottling Companies of Lehigh Valley & Chester County. Mary Pat is a faithful volunteer with many non-profits in the Lehigh Valley.

The message about the pediatric unit's exceptional care and compassion was told in a moving video about Annabella Story, then a six-year-old who had a stroke while on vacation with her family. (Read Annabella's story on the web at SweetCharityOnline.org and click on "Past Features.")

Good Shepherd thanks our many donors, volunteers and sponsors who made Gala in the Garden 2015 such a success.



Above (left to right): Good Shepherd President & CEO John Kristel and his wife, Monet, with gala co-chairs Mary Pat and Joe Brake.

Below (from left): Rick and Annabella Story; Cynthia Acker with gala committee member Ellen Neubauer.



Reflections

— by Chaplain Paul Xander

⁵ [Isaiah] said, "Mourn for me; I'm ruined! I'm a man with unclean lips, and I live among a people with unclean lips. Yet I've seen the king, the Lord of heavenly forces!"

⁶ Then one of the winged creatures flew to me, holding a glowing coal that he had taken from the altar with tongs.

⁷ He touched my mouth and said, "See, this has touched your lips. Your guilt has departed, and your sin is removed."

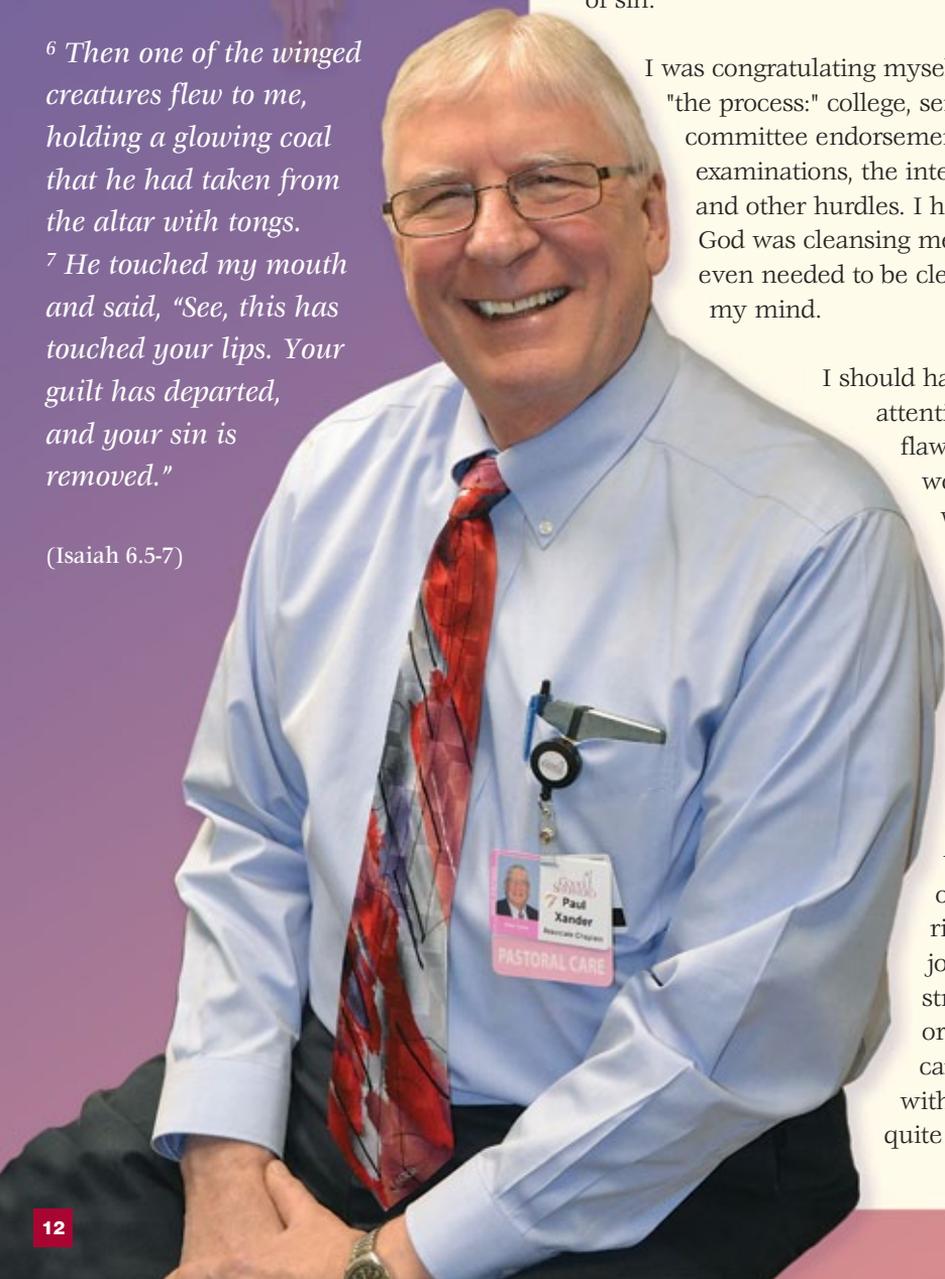
(Isaiah 6.5-7)

When I sat in the front pew of Alsace Lutheran Church in Reading and listened to Isaiah 6 being read at my ordination, I wasn't thinking about forgiveness of sin.

I was congratulating myself for having navigated "the process:" college, seminary, candidacy committee endorsement, psychological examinations, the interview with the bishop, and other hurdles. I had made it! Whether God was cleansing me, indeed whether I even needed to be cleansed, was far from my mind.

I should have been paying more attention to Isaiah 6. For my flaws and shortcomings would soon catch up with me. Instead of asking God to make me a star, I should have been asking God to help me carry less old baggage.

It's a familiar story, of course, to anyone who has prepared for ordination, for marriage, for the next big job, for parenthood, or struggled with a physical or mental ailment. We carry a lot of baggage with us. Our "new" never quite escapes our "old."





Vince Maurer and Chaplain Paul Xander have drawn close through faith.

Transformation of life is more than a few well-chosen words in a tidy confession in worship. As Isaiah discovered, it is a searing experience, like being burned by a hot coal. It hurts. It scars. For the sin we know can seem a better friend than the newness God wants for us.

Casting aside God's unconditional, merciful love may be tempting when internalizing the truth of what such wondrous, prodigal love alters as it grows in us. It would take me many years before I could say, "Bring on the live coal! Bring on the cleansing that hurts. Set me free. Let me imagine a life cut loose from old flaws. Let me be bold enough to claim that life".

Today, forty-three years after my ordination on a bright July day in 1972, having lived through many personal struggles, I realize now that God has been about the business of cleansing me with the fire of his love.

While I have experienced many relationships that have helped me see the presence of God's fire of love in my life, one particular relationship during the past year has helped me truly embrace the understanding that only by the grace and cleansing mercy of God can I do anything worthwhile.

Vince Maurer is a resident at the Good Shepherd Home Raker Center. His faith and love of God is rock steady. Vince has been

experiencing God's steady abiding from the perspective of someone in the late stages of multiple sclerosis (MS). As our relationship has grown, Vince's accepting love has included me in that circle of faith and he has encouraged me to join his trust of God's cleansing and comforting hands.

I marvel and bear witness to the freedom exhibited by Vince to move forward in claiming a new life beyond old flaws and the diagnosis of MS. I am learning anew each day to embody, "Bring on the live coal! Bring on the cleansing that hurts. Set me free. Let me imagine a life cut loose from old flaws. Let me be bold enough to claim that life".

We look to be fixed, and I still catch myself and others congratulating ourselves for having navigated "the processes" we face daily: diagnosis, pain management, therapy, hospitalization, and much more. But when we pause from the busyness of our lives and open ourselves to the true healing God offers us, His cleansing fire sets us free to pass on the embers. As I sit with God's creation, the residents and patients at Good Shepherd, I now have an ever clearer sense of God's fire of love working with us and among us.

THE All-American Picnic

Residents and family members celebrated the official start of summer (for them at least), with the annual All-American Picnic at the Good Shepherd Home-Bethlehem on Friday, June 26. Live music, delicious picnic food and fabulous weather made it a perfect day. The recreational therapy team (who organized the picnic) also announced the theme for this year's resident ball on October 9 is The Bonjour Ball.

Thanks to our wonderful staff and all the families who not only attended but brought mouth-watering homemade desserts.



Above from top: Rachel Tholan, recreation specialist with Nicole Burkhardt, certified nursing assistant; Tammy Kissel, certified occupational therapy assistant and Janaida Mendez, Sodexo food services worker.

At right: Resident Jana Stoeckel is always up for a good time.





Join the Legacy Challenge and your gift will be matched!

Thanks to the generosity of a donor who wishes to secure the future of Good Shepherd, a matching donation will be made when you inform us of your planned gift commitment. You'll increase the impact of your gift and have the satisfaction of helping children and adults go beyond the limits of their physical limitations – today and tomorrow.

It's easy to do:

1. Name “**Good Shepherd Rehabilitation Network**” as a beneficiary in your will, trust, retirement account, life insurance policy or other asset.
2. Tell us about your gift by completing a *Legacy Challenge Matching Gift Form*.
3. An anonymous donor will match 10% of your gift commitment with a cash donation of up to \$1,000 while matching funds are available.

To participate in the Legacy Challenge, visit www.1908RakerSociety.org and complete the matching gift form online or call us.

We can help

For more information, gift planning ideas, or to request a matching gift form, contact Jeannette Edwards in the Development Department at **610-776-1075** or jedwards@gsrh.org.

Good Shepherd encourages you to consult your attorney or tax advisor.

SOUL *Food*

Thanks to a gift from Dick and Sue Storat,
new technology is not only helping
teach babies how to feed,
it's feeding the
heart and soul.



For new moms, one of the most powerful ways to bond with a newborn is the simple joy of holding that baby as she sucks contentedly at a bottle or a mother's breast.

But for some babies, this instinctive action isn't automatic. Babies born prematurely or with other developmental challenges often don't know how to suck. For them, the ability to coordinate sucking, breathing and swallowing doesn't come naturally.

At the Good Shepherd Rehabilitation Hospital Pediatric Unit in Bethlehem, revolutionary technology called the NTrainer® System is helping these babies in a way that results in quicker and better outcomes, which means babies can go home sooner.

For one grateful mother (whose name is being withheld for privacy), the NTrainer and donors Dick and Sue Storat, the couple whose generosity made it possible for Good Shepherd to obtain the device, has been a godsend. After a three-month stay at Good Shepherd, her four-month-old son, Evan (not his real name) was soon being released.

The Storats met the young mother on a recent visit to the unit. "I can't put into words what that machine means to me," the mother said tearfully as she embraced Sue. "I can never pay you back."

Sue wiped away her own tears saying, "It's just astounding. I'm so happy for this young woman. I'm just so glad we can help."

Evan is one of many infants who have and will benefit from the NTrainer. He was admitted to Good Shepherd from Lehigh Valley Hospital where he'd spent the first month of his life in the Neonatal Intensive Care Unit. He weighed 7 pounds and could not bottle- or breast-feed. Evan also had difficulty rolling from one side to the other and calming down when he became upset.

Now, rosy-cheeked and weighing 14 pounds, Evan was wide-eyed and alert when he met the Storats. Sitting in a quiet, darkened room, his mother radiated contentment as she held him in her arms and rocked him while he fed from a bottle.

"His whole body benefited from the NTrainer," says Carissa Snelling, therapy supervisor at the pediatric unit.

Good Shepherd got the NTrainer thinking it would mostly be used with premature babies. However, much of the need has been with infants who are brain-injured or are suffering from neonatal abstinence syndrome or trauma to the airway.

continued on page 26...

Left: Laura Zagacki, occupational therapist on the pediatric unit, using the NTrainer to help an infant girl learn how to suck.

Right: Laura Zagacki shows donors Sue and Dick Storat the technology of the NTrainer.



Giving Back

A charitable heart comes in many disguises. For the children at the Good Shepherd Rehabilitation Hospital Pediatric Unit, that heart came in the form of a 13-year-old teen, slight of build but with a mighty passion for giving back.

Michael Emerich, 13, was wowed by the toys Christian (left) donated to the pediatric unit.



Since he was in third grade, Christian Dzema has been organizing toy drives benefiting children in local hospitals. This year, a toy drive at Orefield Middle School yielded more than 65 donated toys and games that Christian gave to the Good Shepherd Rehabilitation Hospital Pediatric Unit in Bethlehem.

"I felt like I needed to personally help out my community," says Christian.

As an incentive, Christian also gave raffle tickets to a Lehigh Valley IronPigs game to everyone who donated a toy. The tickets were contributed by his family, the IronPigs and PPL, where his father works.

Personal experience has helped shape Christian's generous spirit. When he was 4-1/2 months old, Christian was adopted from Vietnam. His parents, Thomas and Nancy, noticed he had difficulty moving his tongue. Christian underwent surgery but still struggled to speak clearly and eat safely. An MRI of Christian's brain revealed he had polymicrogyria, a condition that alters the formation of the brain's wrinkles, known as gyri. As a result, Christian's ability to talk and use the fingers of his left hand was affected.

But Good Shepherd was there for him and since the age of five, Christian has been coming to the pediatrics program at Good Shepherd Rehabilitation at CedarPointe for occupational, physical and speech therapy. His challenges drew him to art and music more than sports. "I get inspired by other people's stories I hear in music on the radio," he says. "Those songs are very relatable."

Christian is like any other teenager, says his mother. "He likes hanging out with his friends and family, and he loves to play soccer and ride his bike. Even though he struggles with some of the physical movements, Christian doesn't get discouraged. He always tries his best and remains positive. He honestly finds happiness and strength in helping other people."



Christian is a role model for his sister, Morgan, 10.

Christian's dad is every bit as proud of his son. "Our pediatric neurologist says he is a little miracle given how well he's able to function and overcome the odds.

He's developed into a smart, funny, caring, young man,

and he works very hard through his multiple therapies and never complains. He is a special boy who is growing into a special young man who has a huge heart."

Christian will continue his toy drives and wants to give again to Good Shepherd next year. He hopes that others his age are able to keep life in perspective by being grateful for what they have when there are others struggling with much harsher realities.

"Most kids get upset over something that really isn't that big of a deal," says Christian, "and they don't realize there are kids who don't have half of what they have or live on the street...I feel like I've left a mark on the world and left something behind. I just know that what I've done is good and it makes me feel happy."

Pretty Women

Elegant hats were en vogue at the Women's Giving Circle garden tea party.

There were big hats and small hats. Hats with flowers and hats with feathers. Straw hats with ribbons and straw hats with bows, and one with seed packets incorporated into a sunflower theme. For members of the Women's Giving Circle, the garden tea party on June 24, was a chance to parade their summer hats and playfully compete for bragging rights as the most elegant, the funniest or the prettiest.

The weather was perfect with sparkling sunshine and crisp blue skies as 50 women mingled about on the expansive patio overlooking terraced gardens and a sprawling lawn at the Coopersburg home of Sue Storat, who co-hosted the gathering with her daughter-in-law, Wendy.



Barbara Lieberman



The Women's Giving Circle is a group of philanthropic women whose annual membership fees help fund Good Shepherd programs of their choosing. Members heard final presentations about recreational therapy, assistive technology and The Raker Symposium. One or more programs are then voted on to receive funding at the group's annual fall meeting. The group has raised almost \$300,000 benefiting Good Shepherd programs since its formation in 2010.

Congratulations to the winners in the hat competition and thank you Mary Evans for chairing the Women's Circle for another year!

Pictured below (L-R):

Funniest: Steph Fenstermacher

Most Elegant: Mary Evans

Prettiest: Dottie Chickilly

Learn more about how you can join the Women's Giving Circle by contacting Carol Carpenter at 610-778-1044 or visiting us on the web at SweetCharityOnline.org and linking to Ways to Give.



Americans with Disabilities Act 25 YEARS and counting ...



A Reason to Celebrate

Dixieland jazz, strawberry parfaits and a shared vision in the Lehigh Valley marked a celebration on Friday, July 24, of the 25th Anniversary of the Americans with Disabilities Act (ADA) and the launch of Arts & Access, a yearlong series of events dedicated to opening the doors of arts and cultural organizations to the disability community. Arts & Access is an initiative of the Lehigh Valley Arts Council together with the Partnership for a Disability Friendly Community (PfaDFC) of which Good Shepherd Rehabilitation Network is a founding member.

The launch party was held at Good Shepherd's Health & Technology Center in south Allentown. More than 150 guests attended to recognize the achievements made on behalf of people with disabilities since the ADA was signed into law by President George H.W. Bush on July 26, 1990, and to pledge their support for the work yet to be done.

John Kristel and Randall Forte



After a rallying cheer by The Good Shepherd Pediatrics Miracle Movers cheerleaders of the Miracle League of the Lehigh Valley, keynote speakers were John Kristel, president and CEO of Good Shepherd Rehabilitation Network; Randall Forte, executive director of the

Lehigh Valley Arts Council; and Nelvin Vos, founding convenor of the PfaDFC. Several state and local dignitaries also spoke or presented special greetings.

"Since our founding in 1908, Good Shepherd has always championed the rights of people with disabilities to live with dignity and greater accessibility," said John Kristel. "Our 107-year ministry has deep roots that predates the ADA and has only grown stronger. We are proud to continue building on that legacy with our many partners right here in the Lehigh Valley."

For more information on Arts & Access go to www.LVArtscouncil.org

Get Involved!

Sign the ADA Pledge.

"Pledge On" is a nationwide commitment to another 25 years of working together to ensure that people with disabilities are treated with equality and dignity. To "Pledge On", visit www.ADAanniversary.org/pledge

Gifts of Love

IN HONOR OF...

Ms. Donna L. Andrews

Ms. Janelle E. Bergandino

Mrs. Elli Berky

Mr. Jan Berry

Mr. Andrew B. Block

Mr. Leroy F. Cope

Mr. Colin S. DeVault

Good Shepherd

PT/OT Departments

Dan Kleckner

Casey K. Reider

Ms. Mary Jean Stankoski

Annabella Marie Story

Talon & Caiden Troxel

Ms. Rita A. Tunnhoff

Ms. Orpah I. Umholtz

Ms. Anna Marie Valentini

Chris Watts

Bill Watts

IN HONOR OF My Daughter...

Karen Geller

DONATED BY...

Mr. and Mrs. Leroy P. Goldberg,
USAF, Ret

Judy and Edmund Kling

The Berky Benevolent Foundation

Ms. Sharon L. Angotta

Mr. and Mrs. Rance Block

Mr. Donald Matthews

Dr. Connie B. Yaqub

Anonymous

Anonymous

Ms. Dolly Fox Kelly

Mrs. Laura D. Garber

Anonymous

Mr. Justin Carter

Laura and Jason Horn

Joe Moriarty

Dr. John Moriarty

Ms. Lucille A. Moriarty

Brian and Nativa Moriarty

Rinkal and Ankit Patel

Mr. Phillip Ridolfi

Ms. Barbara Robertson

Ms. Christine Story

Mr. and Mrs. Richard M. Story

Mr. and Mrs. Brandon R. Troxel

Ms. Terri L. Eyer

Mrs. Ruth E. Scott

Mrs. Anneliese Tunnhoff

Mr. Thomas H. Umholtz

Mr. Vincent J. Valentini

Mr. and Mrs. James Tiley

Mr. and Mrs. James Tiley

Betty Ehrenberg

Mr. Herbert Geller

IN HONOR OF the Birthday of...

Ms. Sharen M. Pasquinelli

Tessie C. Reenock

IN HONOR OF the 107th Birthday of...

Mrs. Mabel Sandt

IN CELEBRATION OF...

Miles Charles Snyder

IN HONOR OF the Retirement of...

Ms. Linda L. George

IN HONOR OF the 60th Wedding Anniversary of...

Catherine and William Gery

IN MEMORY OF...

Paul S. Albert

DONATED BY...

Ms. Karen Pasquinelli

Mr. and Mrs. Gerald R. Reenock

DONATED BY...

Mr. and Mrs. Christopher J. Luhman

DONATED BY...

Heather Snyder

DONATED BY...

Ruth A Weaver

DONATED BY...

Mrs. Alethia N. Smith

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Mr. and Mrs. David Bahney
Ms. Agnes A. Bender
Mr. and Mrs. Donald C. Cappetta
Mr. and Mrs. Charles W. Fitzkee
Lyn Heinz
Annabel Hemperly
Rev. and Mrs. J. Robert Kehrl, Ret
Mr. and Mrs. Robert J. Leed
Marilyn Miller
Pam Moeller
Mr. and Mrs. Dean O. Moyer
Peter Putman
Stephen Putnam
Mr. and Mrs. Richard G. Stoner
Mr. and Mrs. David G. Thompson
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We thank the generous families and friends who honor their dear ones with memorial gifts and living gifts of honor. These gifts help support Good Shepherd's mission of service to people with disabilities, many who otherwise could not afford the therapies or long-term care they need.

SOUL Food

...continued from page 17



The system uses a pacifier-type instrument with a computer-controlled air pump that gives calibrated pneumatic rhythmic pulses intended to stimulate the child's sucking response. By systematically stimulating the infant's lips, tongue, cheek, and jaw, the NTrainer helps to develop the necessary oral motor skills for safe and efficient feeding.

"The NTrainer is a game changer," says Carissa, noting that there are eight therapists on the unit trained in using the NTrainer. "Previously we used a gloved finger or pacifier to stimulate the sucking motion. But with the NTrainer, we can calibrate a program specifically for each child to learn how to suck, swallow and breathe in a coordinated way."

Graphs and objective data generated by the system give physicians vital information which helps them decide whether to change a medication or feeding schedule, says Carissa. And parents can see for themselves how their child is progressing.

The Storats were inspired to become donors to Good Shepherd because of Dick's long-time connection to the area. A self-described "local guy," Dick remembers passing by Good Shepherd as a kid and seeing the residents sitting outside. The smiles on their faces told Dick that this was a special place. He never forgot that.

The Storats are the parents of three grown sons and love children, so when presented

with an opportunity to make a lasting difference in young lives, funding the NTrainer just felt like the right thing to do.

"I've always been enamored of Good Shepherd," says Dick. "They've always done such wonderful work in the Lehigh Valley. This makes it very personal."

Carissa notes, "The donation from the Storats will change the future of Good Shepherd's pediatric unit and help to make us a leader in the field of infant feeding rehabilitation."

The NTrainer isn't just making a difference in the lives of the babies who come to Good Shepherd's pediatric unit, it's also making a difference in the lives of families. As the young mother counted down the days when Evan would be coming home, her face lit up just thinking about the future that lay ahead for her and her little boy who now is her "everything."

"It really meant a lot for me to meet them (Storats)," she says. "It's amazing to meet a person to just thank them. I can't say that to a machine."

Good Shepherd welcomes your gifts of any size that help support our mission of service to children and adults with disabilities. You can use the envelope in this issue or make a donation online at SweetCharityOnline.org. Thank you!



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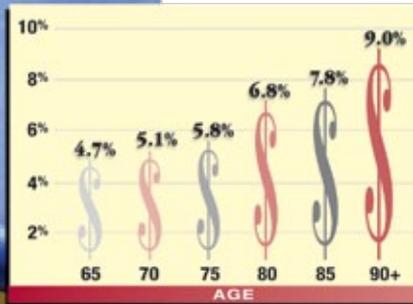
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For more information and current rates, contact Jeannette Edwards in the Development Department at **610-778-1075** or visit **1908RakerSociety.org**.

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